

**XC22 Brisbane Series #7: Capalaba State College, Capalaba - Sat 25/06/2022**

<b>Start Time</b>	<b>Distance</b>	<b>Age Groups</b>	<b>Gender</b>
<b>2.00pm</b>	1km (1 x 1km Loop)	Under 8/Under 10/All Ages	Female
<b>2.10pm</b>	1km (1 x 1km Loop)	Under 8/Under 10/All Ages	Male
<b>2.25pm</b>	2km (1 x 2km Loop)	Under 12/12 & Under Multi-Class/All Ages	Female/Male
<b>2.40pm</b>	3km (1 x 1km Loop + 1 x 2km Loop)	Under 14/13+ Multi-Class/All Ages	Female/Male
<b>3.10pm</b>	4km (2 x 2km Loop)	Under 16/Open Short Course	Female/Male
<b>3.40pm</b>	6km (3 x 2km Loop)	U18/Masters/Open Medium Course	Female/Male
<b>3.40pm</b>	8km (4 x 2km Loop)	U20/Open Long Course	Female/Male